

**PLEASE!! NO PEANUTS OR TREE NUTS IN SCHOOL**

**RCPS BREAKFAST and LUNCH MENU**

**PLEASE!! NO PEANUTS OR TREE NUTS IN SCHOOL**

**AUGUST 15 - SEPTEMBER 2, 2022**

<b>Monday, August 15, 2022</b>	<b>Tuesday, August 16, 2022</b>	<b>Wednesday, August 17, 2022</b>	<b>Thursday, August 18, 2022</b>	<b>Friday, August 19, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	POPARTS JUICE FRESH FRUIT or FRUIT CUP MILK	PANCAKE WRAPS JUICE FRESH FRUIT or FRUIT CUP MILK	YOGURT PARFAIT JUICE FRESH FRUIT or FRUIT CUP MILK	DONUT HOLES JUICE FRESH FRUIT or FRUIT CUP MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
BBQ CHICKEN MASHED POTATOES GREEN BEANS FRESH FRUIT/FRUIT CUP MILK	CHICKEN STIR FRY BROCCOLI RICE FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BABY CARROTS FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	BURGER w/BUN MAC-n-CHEESE COLE SLAW FRESH FRUIT/FRUIT CUP MILK
<b>Monday, August 22, 2022</b>	<b>Tuesday, August 23, 2022</b>	<b>Wednesday, August 24, 2022</b>	<b>Thursday, August 25, 2022</b>	<b>Friday, August 26, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	POPARTS JUICE FRESH FRUIT or FRUIT CUP MILK	PANCAKE WRAPS JUICE FRESH FRUIT or FRUIT CUP MILK	YOGURT PARFAIT JUICE FRESH FRUIT or FRUIT CUP MILK	DONUT HOLES JUICE FRESH FRUIT or FRUIT CUP MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
BBQ CHICKEN MASHED POTATOES GREEN BEANS FRESH FRUIT/FRUIT CUP MILK	CHICKEN STIR FRY BROCCOLI RICE FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BABY CARROTS FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	BURGER w/BUN MAC-n-CHEESE COLE SLAW FRESH FRUIT/FRUIT CUP MILK
<b>Monday, August 29, 2022</b>	<b>Tuesday, August 30, 2022</b>	<b>Wednesday, August 31, 2022</b>	<b>Thursday, September 1, 2022</b>	<b>Friday, September 2, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	POPARTS JUICE FRESH FRUIT or FRUIT CUP MILK	PANCAKE WRAPS JUICE FRESH FRUIT or FRUIT CUP MILK	YOGURT PARFAIT JUICE FRESH FRUIT or FRUIT CUP MILK	CLOSED
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
BBQ CHICKEN MASHED POTATOES GREEN BEANS FRESH FRUIT/FRUIT CUP MILK	CHICKEN STIR FRY BROCCOLI RICE FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BABY CARROTS FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	CLOSED

BREAKFAST - CEREAL/FRUIT/MILK - Available daily

**USDA - IS AN EQUAL OPPORTUNITY PROVIDER**

LUNCH - TOASTED CHEESE/FRUIT/MILK - Available daily