

**PLEASE!! NO PEANUTS OR TREE NUTS IN SCHOOL**

**RCPS BREAKFAST and LUNCH MENU**

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**SEPTEMBER 5-23, 2022**

<b>Monday, September 5, 2022</b>	<b>Tuesday, September 6, 2022</b>	<b>Wednesday, September 7, 2022</b>	<b>Thursday, September 8, 2022</b>	<b>Friday, September 9, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
CLOSED	PANCAKE-N-SAUSAGE WRAP JUICE FRESH FRUIT or FRUIT CUP MILK	POPTART JUICE FRESH FRUIT or FRUIT CUP MILK	YOGURT PARFAIT JUICE FRESH FRUIT or FRUIT CUP MILK	DONUT HOLES JUICE FRESH FRUIT or FRUIT CUP MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CLOSED	CHEESE PIZZA CORN TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BROCCOLI w/CHEESE FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS - CINN. ROLL TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	HOT DOG w/BUN MAC-n-CHEESE BAKED BEANS FRESH FRUIT/FRUIT CUP MILK
<b>Monday, September 12, 2022</b>	<b>Tuesday, September 13, 2022</b>	<b>Wednesday, September 14, 2022</b>	<b>Thursday, September 15, 2022</b>	<b>Friday, September 16, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	POPTART JUICE FRESH FRUIT or FRUIT CUP MILK	CHICKEN BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	DONUT HOLES JUICE FRESH FRUIT or FRUIT CUP MILK	<b>TEACHER WORK DAY</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CHICKEN TENDERS w/ROLL POTATO WEDGES BAKED BEANS FRESH FRUIT/FRUIT CUP MILK	CHEESE PIZZA CORN TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BROCCOLI w/CHEESE FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS - CINN. ROLL TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	<b>TEACHER WORK DAY</b>
<b>Monday, September 19, 2022</b>	<b>Tuesday, September 20, 2022</b>	<b>Wednesday, September 21, 2022</b>	<b>Thursday, September 22, 2022</b>	<b>Friday, September 23, 2022</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	PANCAKE-N-SAUSAGE WRAP JUICE FRESH FRUIT or FRUIT CUP MILK	CHICKEN BISCUIT JUICE FRESH FRUIT or FRUIT CUP MILK	YOGURT PARFAIT JUICE FRESH FRUIT or FRUIT CUP MILK	DONUT HOLES JUICE FRESH FRUIT or FRUIT CUP MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CHICKEN TENDERS w/ROLL POTATO WEDGES BAKED BEANS FRESH FRUIT/FRUIT CUP MILK	CHEESE PIZZA CORN TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	MINI CORNDOGS FRENCH FRIES BROCCOLI w/CHEESE FRESH FRUIT/FRUIT CUP MILK	PASTA w/MEATSAUCE GREEN BEANS - CINN. ROLL TOSSED SALAD w/DRESSING FRESH FRUIT/FRUIT CUP MILK	BURGER w/BUN MAC-n-CHEESE COLE SLAW FRESH FRUIT/FRUIT CUP MILK